



## MONARCH FUELING ZONE PROJECT

### THE GREEN ZONE PLANTING GUIDE

The following list of plants support monarchs by providing nectar resources to help fuel their migration. The plants listed are expected to be blooming when monarchs will pass through your region during the northern and southern migrations. This is not an exhaustive list, but provides guidance on where to start. These lists were compiled as part of a pilot project, as the project expands additional plants species will be added to these lists. Remember to include milkweed (*Asclepias* spp.) in your plantings too; monarchs need them for nectar and laying eggs.

## NORTHBOUND (MARCH 1 TO MARCH 28)



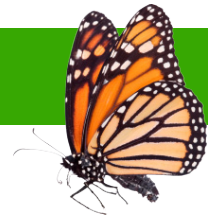
### BOTANICAL NAME

*Erigeron quercifolius*  
*Erigeron vernus*  
*Helenium pinnatifidum*  
*Lobelia feayana*  
*Packera aurea*  
*Phlox drummondii*  
*Salvia lyrata*  
*Stachys floridana*  
*Vaccinium corymbosum*

### COMMON NAME

oakleaf fleabane  
early whitetop fleabane  
southeastern sneezeweed  
bay lobelia  
golden ragwort  
annual phlox  
lyreleaf sage  
Florida hedgenettle  
highbush blueberry

## SOUTHBOUND (OCTOBER 11 TO OCTOBER 24)



### BOTANICAL NAME

*Agalinis aphylla*  
*Agalinis fasciculata*  
*Baccharis angustifolia*  
*Coreopsis gladiata*  
*Dalea pinnata*  
*Eryngium aquaticum*  
*Eupatorium leucolepis*  
*Euthamia graminifolia*  
*Liatris elegans*  
*Liatris gracilis*  
*Liatris spicata*  
*Liatris tenuifolia*  
*Lobelia amoena*  
*Lobelia glandulosa*  
*Monarda punctata*  
*Rudbeckia fulgida*  
*Salvia azurea*  
*Solidago caesia*  
*Solidago canadensis*  
*Solidago fistulosa*  
*Solidago odora*  
*Solidago sempervirens*  
*Solidago speciosa*  
*Solidago stricta*  
*Symphyotrichum concolor*  
*Symphyotrichum tenuifolium*  
*Verbesina virginica*

### COMMON NAME

scaleleaf false foxglove  
beach false foxglove  
saltwater false willow  
coastal plain tickseed  
summer farewell  
rattlesnakemaster  
justiceweed  
slender goldentop  
pinkscale blazing star  
slender blazing star  
dense blazing star  
shortleaf blazing star  
southern lobelia  
glade lobelia  
spotted beebalm  
orange coneflower  
azure blue sage  
wreath goldenrod  
Canada goldenrod  
pine barren goldenrod  
anisescented goldenrod  
seaside goldenrod  
showy goldenrod  
wand goldenrod  
eastern silver aster  
perennial saltmarsh aster  
white crownbeard

## Counties included for the Green Zone

FL-Alachua  
FL-Baker  
FL-Bradford  
FL-Brevard  
FL-Citrus  
FL-Clay  
FL-Columbia  
FL-Dixie  
FL-Duval  
FL-Flagler  
FL-Franklin  
FL-Gadsden  
FL-Gilchrist  
FL-Hamilton  
FL-Hernando  
FL-Jefferson  
FL-Lafayette  
FL-Lake  
FL-Leon  
FL-Levy  
FL-Liberty  
FL-Madison  
FL-Marion  
FL-Nassau  
FL-Orange  
FL-Pasco  
FL-Putnam  
FL-Seminole  
FL-St. Johns  
FL-Sumter  
FL-Suwanee  
FL-Taylor  
FL-Union

FL-Volusia  
FL-Wakulla  
  
GA-Appling  
GA-Atkinson  
GA-Bacon  
GA-Baker  
GA-Ben Hill  
GA-Berrien  
GA-Brantley  
GA-Brooks  
GA-Bryan  
GA-Calhoun  
GA-Camden  
GA-Charlton  
GA-Chatham  
GA-Chattahoochee  
GA-Clay  
GA-Clinch  
GA-Coffee  
GA-Colquitt  
GA-Cook  
GA-Crisp  
GA-Decatur  
GA-Dodge  
GA-Dooly  
GA-Dougherty  
GA-Early  
GA-Echols  
GA-Evans  
GA-Glynn  
GA-Grandy  
GA-Irwin

GA-Jeff Davis  
GA-Lanier  
GA-Lee  
GA-Liberty  
GA-Long  
GA-Lowndes  
GA-Macon  
GA-Marion  
GA-McIntosh  
GA-Miller  
GA-Mitchell  
GA-Montgomery  
GA-Pierce  
GA-Pulaski  
GA-Quitman  
GA-Randolph  
GA-Schley  
GA-Seminole  
GA-Stewart  
GA-Sumter  
GA-Tattnall  
GA-Telfair  
GA-Terrell  
GA-Thomas  
GA-Tift  
GA-Toombs  
GA-Turner  
GA-Ware  
GA-Wayne  
GA-Webster  
GA-Wheeler  
GA-Wilcox  
GA-Worth

